

# Ventral hippocampal $\alpha 7$ nicotinic receptor blockade and chronic nicotine effects on memory performance in the radial-arm maze

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## Abstract

Chronic nicotine administration has been shown to significantly improve working memory. Nicotinic involvement in memory function critically involves the ventral hippocampus. Local ventral hippocampal infusions of the nicotinic antagonists mecamylamine, dihydro- $\beta$ -erythroidine (DH $\beta$ E) and methyllycaconitine (MLA) significantly impair working memory. The impairment caused by hippocampal infusion of the  $\alpha 4\beta 2$  antagonist DH $\beta$ E is reversed by chronic systemic nicotine. This study determined the interaction of chronic systemic nicotine with acute ventral hippocampal infusions of the  $\alpha 7$  antagonist MLA. Adult female Sprague–Dawley rats were trained on an 8-arm radial maze working memory task. Then they underwent ventral hippocampal cannulation and received sc implants of minipumps delivering nicotine (0 or 5 mg/kg/day for 28 days). Acute ventral hippocampal infusions of MLA (0, 4.88, 14.64 and 43.92  $\mu$ g/side) were given during 3–4 weeks of chronic nicotine. MLA caused a significant dose-related memory impairment. In the rats not receiving nicotine, the 14.64 and 43.92  $\mu$ g/side MLA doses caused significant memory impairment. Chronic systemic nicotine exposure did not block the MLA-induced memory impairment. Comparing the current results with MLA with previous results with DH $\beta$ E, equimolar ventral hippocampal DH $\beta$ E more effectively impaired memory than MLA, but the DH $\beta$ E-induced impairment was more effectively reversed by chronic systemic nicotine administration. © 2001 Elsevier Science Inc. All rights reserved.

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## 1. Introduction

Cholinergic systems have long been known to be important for working memory (Bartus et al., 1987). In recent years the important role of nicotinic acetylcholine systems in memory function have been shown in experimental animals and humans (Brioni et al., 1997; Decker et al., 1995; Levin, 1992, 1996). Nicotinic receptors in the hippocampus, a region long known to be important for cognitive function (Jarrard, 1995), have been shown in earlier studies to be important for memory. Local hippocampal infusions of either  $\alpha 7$  and  $\alpha 4\beta 2$  nicotinic receptor antagonists impair working memory function (Felix and Levin, 1997). Chronic systemic nicotine administration reverses the memory impairment caused by acute ventral

hippocampal  $\alpha 4\beta 2$  nicotinic blockade (Bancroft and Levin, 2000). The involvement of ventral hippocampal  $\alpha 7$  receptors with chronic systemic nicotine effects on memory is the subject of the current study. Differential involvement of  $\alpha 7$  and  $\alpha 4\beta 2$  nicotinic receptors in memory might help in better basic understanding of the neural substrate of memory function as well as in the development of novel treatments for memory dysfunction such as in Alzheimer's disease.

Experimental studies using a variety of research subjects including rats, monkeys and humans have demonstrated improvement in working memory function with the administration of nicotine (Brioni et al., 1997; Jackson et al., 1989; Levin, 1992). Both acute nicotine injections and chronic nicotine infusions were found to improve working memory performance in the radial-arm maze (Levin, 1996; Levin et al., 1997). Chronic subcutaneous infusions of nicotine at doses of 12 and 5 mg/kg/day for 3 to 4 weeks were both shown to significantly improve working memory

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performance in rats on the radial-arm maze (Levin and Torry, 1995; Levin et al., 1990, 1993, 1996a). These effects were blocked by co-administration of the noncompetitive nicotinic antagonist mecamylamine (Levin and Rose, 1991; Levin et al., 1993). Nicotinic agonists other than nicotine, such as ABT-418 (Decker et al., 1994), lobeline (Decker et al., 1993), dimethylaminoethyl esters (Levin et al., 1995), epibatidine (Levin et al., 1996b), isonicotinic and norisnicotinic (Levin et al., 1999c), and GTS-21 (Woodruff-Pak et al., 1994) have also been found to be effective in improving memory performance.

Nicotinic receptors are also important for cognitive function in humans. Nicotine-induced improvements are seen more consistently with attentional function. Nicotine has been shown to improve performance in smokers on attentionally demanding vigilance tasks (Provost and Woodward, 1991; Rusted et al., 1994; Warburton, 1992; Wesnes and Revell, 1984). Importantly, attentional improvements have also been found in nonsmokers given nicotine skin patches (Levin et al., 1998). The cognitive dysfunction of Alzheimer's disease has been shown to be accompanied by a dramatic decrease in nicotinic receptors in the cortex and hippocampus (Court and Clementi, 1995; Nordberg, 1993, 1995; Perry, 1995). Nicotine enhances cognition in normal individuals and in patients with Alzheimer's disease (Jones et al., 1992; Newhouse et al., 1996, 1997; Sahakian et al., 1989; White and Levin, 1999; Wilson et al., 1995). The further definition of both the behavioral and pharmacological nature of nicotinic systems and receptor subtypes in cognitive function is important for a more complete description of the basis of cognitive function and for the possible development of therapeutically useful nicotinic drugs with fewer side effects.

The particular brain areas and nicotinic receptor subtypes responsible for nicotinic involvement in cognitive function are being determined with the techniques of selective lesions and local area drug infusion. These studies have pointed to the hippocampus as a critical site for nicotinic effects on cognitive function. Studies have shown marked increases in levels of hippocampal acetylcholine in rats during learning (Fadda et al., 1996). Hippocampal nicotinic receptors are important in the sensory gating function of the hippocampus (Luntz-Leybman et al., 1992). Local infusions of the general nicotinic antagonist mecamylamine into the hippocampus caused impairments in memory function (Kim and Levin, 1996; Ohno et al., 1993). Local infusions of the  $\alpha 4\beta 2$  nicotinic antagonist dihydro- $\beta$ -erythroidine (DH $\beta$ E) or the  $\alpha 7$  antagonist methyllycaconitine (MLA) into the ventral hippocampus impaired working memory function as measured on the 8-arm radial maze in rats (Felix and Levin, 1997; Levin et al., 2001). Recently, we found that the memory impairment caused by nicotinic  $\alpha 4\beta 2$  blockade in the ventral hippocampus with DH $\beta$ E is reversed by chronic systemic nicotine infusion (Bancroft and Levin, 2000). The reversibility of the memory impairment caused

by  $\alpha 7$  antagonist hippocampal infusion was the focus of the current study.

$\alpha 7$  Nicotinic receptors are found in high concentrations in the rat hippocampus. They are found on hippocampal interneurons with a particularly high density in the CA3 region and dentate granule layer (Court and Clementi, 1995). The functional role of nicotinic  $\alpha 7$  receptors is still under investigation. Selective stimulation of  $\alpha 7$  nicotinic acetylcholine receptors has been shown to improve memory in rats (Arendash et al., 1995; Levin et al., 1999a; Meyer et al., 1997). It is thought that the hippocampus is the critical site for this effect. Stimulation of  $\alpha 7$  nicotinic acetylcholine receptors has implicated them in hippocampal long-term potentiation, a cellular model of memory (Hunter et al., 1994), and sensory gating, a hippocampal-based form of neural habituation (Stevens et al., 1998). Recent studies suggest that the  $\alpha 7$  nicotinic receptor may play important roles in schizophrenia and neurodegeneration (Alder et al., 1992; Meyer et al., 1994). Significant improvements in working memory in rats were found with administration of the  $\alpha 7$  specific agonist AR-R 17779. This drug overcame the memory impairments caused by fimbria–fornix knife-cut lesions (Levin et al., 1999a).

MLA is a competitive  $\alpha 7$  antagonist extracted from the seeds of *Delphinium brownii*. It is a potent competitive inhibitor of nicotinic receptors. Infusions of 2.63–78.7  $\mu\text{g}/\text{side}$  of MLA into the ventral hippocampus of rats resulted in dose-related memory impairment on the 8-arm radial maze (Felix and Levin, 1997). The dose of 78.7  $\mu\text{g}/\text{side}$  produced a significant deficit in RAM choice accuracy performance, but this very high dose may not have had totally specific effects. Wet dog shakes, a type of preconvulsant activity, were reported at doses as low as 26.3  $\mu\text{g}/\text{side}$ . Wet dog shakes are thought to be reliable indicators of limbic seizures or generalized convulsions at higher doses (Rondouin et al., 1997). However, in subsequent studies it has been found that lower doses of ventral hippocampal MLA will also cause significant working memory impairment (Levin et al., 2001).

This study is designed to further the work carried out in a previous study by Bancroft and Levin (2000). The aim of that study was to determine the importance of  $\alpha 4\beta 2$  receptors within the ventral hippocampus for the cognitive effects of chronic nicotine treatment. DH $\beta$ E significantly decreased the choice accuracy of the control rats whereas no deficit was seen in chronically nicotine-treated rats. The purpose of this study was to determine the involvement of ventral hippocampal  $\alpha 7$  nicotinic receptors in the nicotine-induced improvement of working memory function in rats. By using the  $\alpha 7$  specific antagonist MLA at low doses to ensure specificity, the results should give an insight into the mechanism by which nicotine functions and provide further data as to the possible therapeutic value of nicotine to attenuate memory impairment.

## 2. Methods

### 2.1. General design

This study was conducted under protocols approved by the Duke University Animal Care and Use Committee. MLA was used to assess the importance of hippocampal  $\alpha 7$  receptors in the memory improvement induced by chronic nicotine infusion. The rats were first trained to asymptotic levels of choice accuracy (entries to repeat, ETR) on the 8-arm radial maze (a test of working memory). Then local infusion cannulae were implanted bilaterally into the ventral hippocampus using stereotaxic techniques and 28-day osmotic pumps were implanted subcutaneously to provide the chronic infusions of nicotine. Adverse effects due to surgery were assessed through a short period of postsurgery training on the maze. Vehicle (artificial cerebrospinal fluid, aCSF) and three different concentrations of MLA were acutely infused over the following 2 weeks to each rat and the effects were assessed on the maze. The rats were then sacrificed and cannula placement verified using histological techniques.

### 2.2. Subjects

Twenty-three adult female Sprague–Dawley strain rats (Taconic Farms, Germantown, NY, USA) weighing between 150–200 g were used. They were housed in a rat colony room with a reverse 12-h light/12-h dark cycle, with lights on at 18:00 h. All behavioral testing was carried out during the dark phase, which is their most active period. The rats were kept in groups of three per cage during the initial RAM training phase, then singly after cannulation. They had ad libitum access to water with restricted feeding after testing each day to maintain body weight at approximately 85% of free feeding levels.

### 2.3. Radial-arm maze training

The radial-arm maze can be used to assess working memory. It consists of a 50-cm diameter central platform elevated 30 cm from the floor with eight  $10 \times 60$  cm arms extending radially, each with a food cup 2 cm from the distal end. The maze is made from black painted wood and housed in a soundproof room with many extra-maze visual cues.

Gentling of the rats consisted of two 5-min periods of handling. The rats were then shaped by placing each in an opaque cylinder in the middle of the maze with eight half pieces of Froot Loops<sup>®</sup> (a sugar-coated cereal) and giving them up to 5 min to eat all the pieces. Shaping was carried out twice to accustom the rats to the maze.

Radial-arm maze training was then carried out 4 to 5 days a week for at least 18 sessions per rat. Each of the eight arms of the maze was baited with a reinforcer (half a Kellogg's Froot Loop<sup>®</sup>). The rat was then placed in an opaque cylinder in the middle of the maze for 10 s to allow for

orientation and to avoid biased arm entry. Timing began when the cylinder was removed. The rat was allowed to roam freely about the maze for 5 min or until all eight arms had been entered. Arm choice was recorded if all four paws crossed the threshold of the arm. A note was also made if the cereal was eaten. The arms were not rebaited, so repeat entries into an arm were not rewarded and were counted as errors. The choice accuracy, or ETR, the number of arm entries until an error was made, was recorded with a maximum of 8. Response latency (seconds/entry) was calculated by dividing the total time of the session (seconds) by the number of arms entered. The rats were cannulated after 18 training sessions or when they consistently scored high ETRs (6–8). The same protocol was carried out for post-MLA-infusion maze sessions.

### 2.4. Cannulation

For the acute local drug infusions into the hippocampus, the rats were bilaterally implanted with stainless steel guide cannula (22 gauge, Plastics One, Roanoke, VA, USA) in the ventral hippocampus by stereotaxic surgery. An intraperitoneal injection of 75 mg/kg ketamine mixed with 0.3 mg/kg medetomidine was given to the rats as an anaesthetic prior to surgery. A stereotaxic heating pad was used to maintain the rat's body temperature. The rat's head was then shaved and secured in the stereotaxic apparatus (David Kopf Instruments, Tujunga, CA, USA) with ear bars and bite bar elevating the head to +5 mm above the intra-aural line. A small incision was made from between the eyes to between the ears and bregma was located. The coordinates for the ventral hippocampus as described in the rat brain atlas by Pellegrino et al. (1979) were used for the internal cannula tips. They are AP  $-3.2$ , ML  $\pm 5.5$ , DV  $-7.0$  mm calculated from bregma. The guide cannulae were lowered through holes drilled through the skull and fixed in place using cranioplastic cement anchored to four skull screws with stainless steel wire wrapped around them.

### 2.5. Chronic nicotine treatment

Chronic nicotine was delivered to the rats via subcutaneously implanted osmotic pumps (Alzet Model 2ML4, Alza, Palo Alto, CA). These were filled with 2 ml of nicotine solution calculated to deliver nicotine at a rate of 5 mg/kg/day over a 28-day period. The pumps were implanted immediately after surgery, while the rat was still under anaesthetic and sealed in using staples at the top of its back. Chronic nicotine infusions were used because these provide continual zero order kinetic delivery of nicotine. This route and delivery regimen has been found in our previous studies to cause significant memory improvement (Levin and Torry, 1995; Levin et al., 1990, 1993, 1996a,b) and reversal of memory impairment due to ventral hippocampal infusion of DH $\beta$ E (Bancroft and Levin, 2000). The rats were continually infused with the

implanted minipump and thus did not need to be handled during chronic nicotine infusion.

Antisedan was administered to the rats after the surgical procedures to counteract the effects of the medetomidine. The rats were given a week to recover after the surgery. During this period the weight and diet of each rat was carefully monitored for adverse effects due to surgery. After

1 week the rats were given a test run on the maze to check for decreases in performance.

#### 2.6. Acute MLA administration

Two test doses of aCSF were given to each rat in the second week after surgery to accustom the rats to the

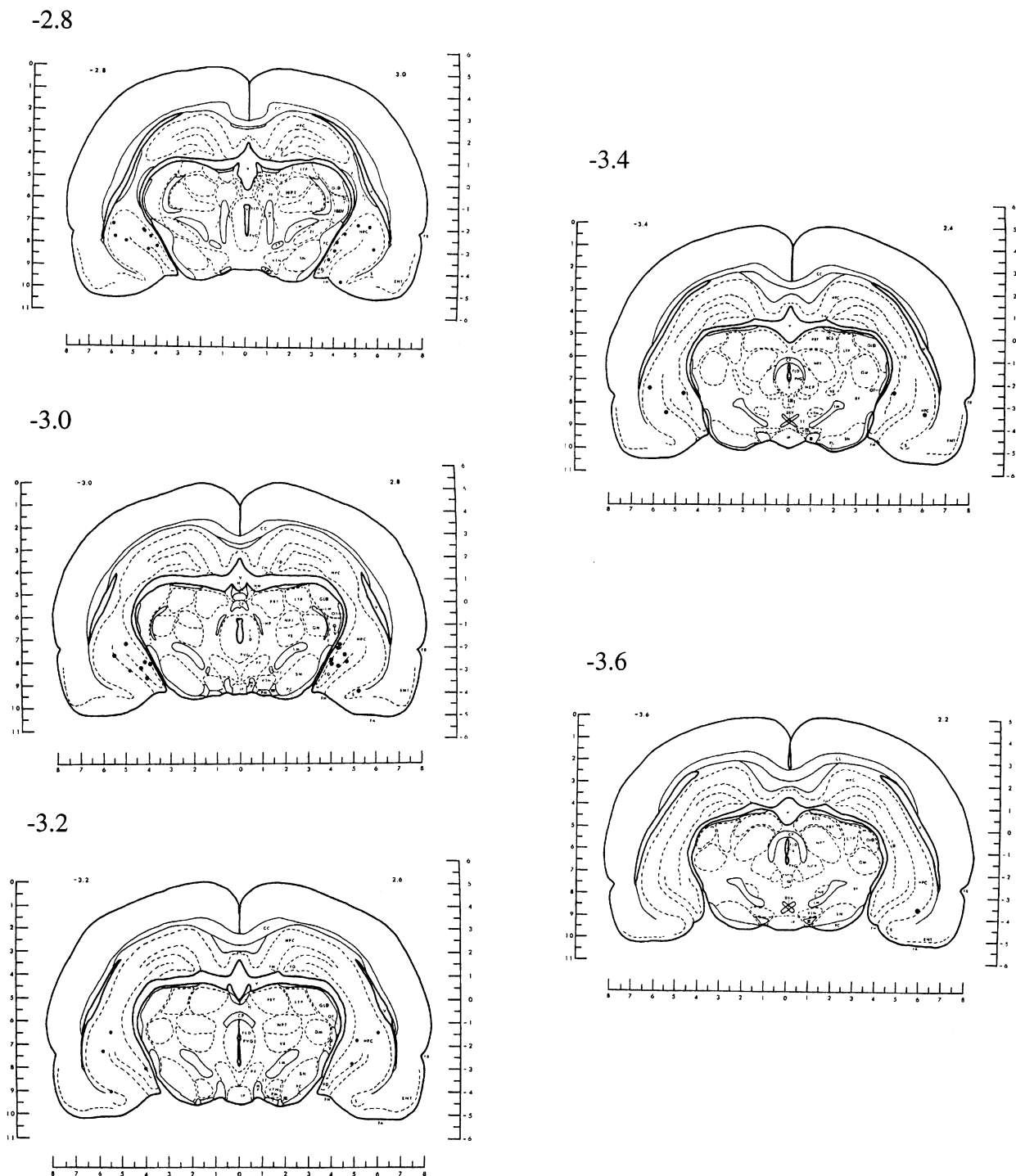


Fig. 1. Cannula placements within the ventral hippocampus at an AP coordinate of  $-2.8$ ,  $-3.0$ ,  $-3.2$ ,  $-3.4$  and  $-3.6$  mm according to the atlas of Pellegrino et al. (1979).

procedure. Over the ensuing 2 weeks, four doses of MLA were administered in a counterbalanced design, two in the third week and two in the fourth week to establish a dose–response curve. The doses used were 0, 4.88, 14.64 and 43.92  $\mu\text{g}/\text{side}$  (where aCSF was used). These were equimolar to doses of DH $\beta$ E (0, 2, 6 and 18  $\mu\text{g}/\text{side}$ ) used previously. These doses were made by taking samples from a stock solution of MLA dissolved in aCSF and diluting them to the required concentration with aCSF. 0.2  $\mu\text{l}$  of drug/vehicle was infused per side of the brain at a rate of 0.126  $\mu\text{l}/\text{min}$  using a Harvard Instruments infusion pump. The rats were run on the maze 10 min after infusion.

### 2.7. Histology

Following completion of the drug-dosing phase, each rat was anaesthetized with sodium pentobarbital (50 mg/kg). Chicago sky blue dye (0.5  $\mu\text{l}$ ) was infused to mark cannula placement. Perfusion was carried out with saline followed by 0.1 M (4%) formaldehyde. The brains were stored in 4% formaldehyde until slicing. Before slicing the brains were washed in dH $_2$ O, the cerebellum sliced off ready for mounting and frozen on dry ice. A Jung 2000 cryostat was used to prepare histological slides, which were used to verify and record cannula placement.

### 2.8. Data analysis

The choice accuracy and response latency measures were assessed by a within subjects design analysis of variance (ANOVA). Planned comparisons were made between the saline only and nicotine treatment groups at each dose of MLA. A *P* value of <.05 (two-tailed) was considered significant.

## 3. Results

### 3.1. Histology

Cannula placements were verified histologically. Only those rats with accurate bilateral placements in the ventral hippocampus were used for statistical analysis of the behavioral data. Placements used were between coordinates A/P –2.8 to –3.6 mm, M/L 3.8 to 6.1 mm and D/V –6.5 to –9.4 mm. The cannula placements are shown in Fig. 1A–E. Each figure shows a coronal section of the brain at a different anterior–posterior coordinate (from –2.8 to –3.6). Some rats had different AP placements for the left and right side so each plane of section has an unequal number of placements on the left and right sides.

### 3.2. Radial-arm maze choice accuracy

There was a significant main effect of MLA dose on memory performance [ $F(3,57)=6.57$ ,  $P<.001$ ]. Averaged

across nicotine treatment groups, compared to performance with control infusions ( $6.78\pm 0.30$  ETR $\pm$ S.E.M.), there was no significant impairment caused by the lowest dose of 4.9  $\mu\text{g}/\text{side}$  ( $6.46\pm 0.33$ ); however, there were significant ( $P<.005$ ) memory deficits induced by the 14.6  $\mu\text{g}/\text{side}$  ( $5.61\pm 0.42$ ) and the 43.92  $\mu\text{g}/\text{side}$  ( $5.52\pm 0.42$ ) MLA doses. As shown in Fig. 2, significant linear MLA dose-related impairments were seen in rats administered nicotine ( $P<.05$ ) as well as controls ( $P<.005$ ). Pair-wise comparisons of performance after the aCSF hippocampal infusion vs. each of the MLA doses for nicotine-treated rats and controls showed that with concurrent systemic nicotine administration only the highest 43.92  $\mu\text{g}/\text{side}$  MLA dose caused a significant ( $P<.05$ ) memory impairment. The controls showed significant impairments with both the medium 14.6  $\mu\text{g}/\text{side}$  dose ( $P<.025$ ) and the highest 43.92  $\mu\text{g}/\text{side}$  dose ( $P<.025$ ). However, at no dose of MLA was there a significant difference between performance of the rats given nicotine and those not given nicotine. Analysis of the linear and quadratic trends showed a very significant linear trend of worse choice accuracy with higher doses of MLA ( $P<.0005$ ). However, the quadratic trend over MLA dose was not significant ( $P=.79$ ). Comparison of chronic nicotine and no nicotine treatment groups with regard to trends over acute hippocampal MLA dose did not show any hint of significant differences in the linear ( $P=.66$ ) or quadratic ( $P=.87$ ) trends.

### 3.3. Radial-arm maze response latency

Neither chronic nicotine treatment nor acute MLA treatment significantly affected response latency in the radial-arm maze. One outlier in the no nicotine group with a latency of 300 after 14.6  $\mu\text{g}/\text{side}$  MLA was removed from the analysis. The 43.9  $\mu\text{g}/\text{side}$  dose of MLA nicotine-treated rats averaged  $29.9\pm 3.4$  s/entry,

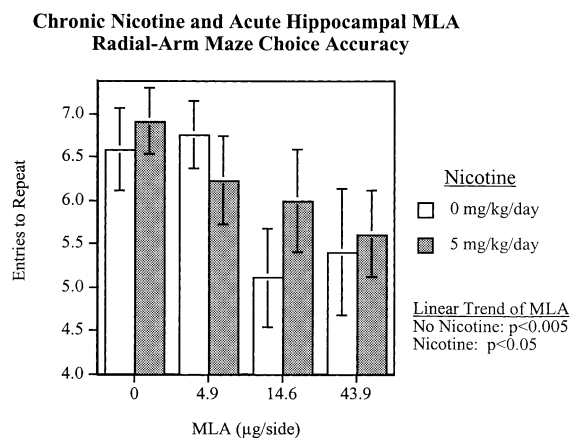


Fig. 2. The radial arm maze choice accuracy (mean $\pm$ S.E.M.) for the nicotine (5 mg/kg/day) and control (saline) rats at vehicle (aCSF) and three doses of MLA (4.9, 14.6 and 43.9  $\mu\text{g}/\text{side}$ ).

### Chronic Nicotine and Acute Hippocampal MLA Radial-Arm Maze Choice Latency

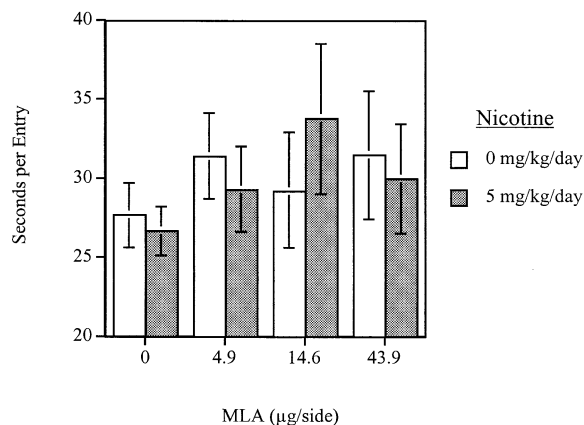


Fig. 3. A graph showing the radial-arm maze choice latency (mean  $\pm$  S.E.M.) for the nicotine (5 mg/kg/day) and control rats (saline) at vehicle (aCSF) and three doses of MLA (4.9, 14.6 and 43.9  $\mu$ g/side).

whereas the 0  $\mu$ l/side of MLA (aCSF) nicotine-treated rats averaged  $26.6 \pm 1.6$  s/entry. Without nicotine, these figures were  $31.4 \pm 4.1$  s for the 43.9  $\mu$ g/side dose of MLA and  $27.6 \pm 2.0$  for aCSF (Fig. 3).

#### 3.4. Wet dog shakes

No wet dog shakes were seen at any of the doses of MLA used.

## 4. Discussion

Replicating our previous work (Felix and Levin, 1997; Levin et al., 2001), MLA caused a significant dose-related radial-arm maze choice accuracy impairment. The MLA-induced memory impairment was still seen with concurrent chronic systemic nicotine infusion. These results support the hypothesis that ventral hippocampal  $\alpha 7$  receptors are critical for memory function and that disruption of these receptors may impair the effectiveness of systemic nicotine treatment. In clinical conditions decreased functioning of hippocampal  $\alpha 7$  receptors may contribute to cognitive impairment, and it may also limit the therapeutic efficacy of chronic nicotine treatment.

Chronic nicotine has been demonstrated in a variety of previous studies to improve memory performance of rats in the radial-arm maze (Levin and Rose, 1990; Levin and Torry, 1996; Levin et al., 1993, 1996a). The improvement in choice accuracy was found to persist over 4 weeks of nicotine administration. This persistence of effect is important for its possible use therapeutically. Treatments must maintain their efficacy with chronic administration for the beneficial treatment of chronic conditions. The nicotine-induced memory improvement

can be blocked by chronic systemic co-infusion of the nicotinic antagonist mecamylamine (Levin et al., 1993) and by small ibotenic acid lesions in the ventral hippocampus (Levin et al., 1999b).

In the current study, as in our previous one (Bancroft and Levin, 2000), chronic systemic nicotine treatment was not found to significantly improve memory performance when aCSF was infused. It is possible that the chronic placement of infusion cannulae in the ventral hippocampus caused sufficient neural damage in this area to prevent the chronic nicotine-induced memory improvement. However, this is most likely not the case. The damage caused by cannula placement was minimal. But more convincingly, recently we have found that chronic indwelling cannulae delivering aCSF over a 4-week period did not block a significant ( $P < .05$ ) chronic systemic nicotine- (5 mg/kg/day for 4 weeks) induced memory improvement. Alternatively, the intermittent infusion of nicotinic antagonists in the ventral hippocampus may have prevented the development of the chronic nicotine-induced memory improvement.

Neither response latency nor wet dog shakes were found to be significantly affected by either chronic systemic nicotine or acute ventral hippocampal MLA in the current study. This supports the specificity of the effects seen with these drug treatments on choice accuracy in the radial-arm maze. Higher doses of MLA can cause increases in wet dog shakes and decreases in response latency (Felix and Levin, 1997; Levin et al., 2001).

In our previous study, chronic nicotine reversed the deficits in memory impairment caused by acute hippocampal DH $\beta$ E (Bancroft and Levin, 2000). When the effectiveness of equimolar doses of DH $\beta$ E vs. MLA were compared, lower doses of DH $\beta$ E were found to be more effective. A significant difference was found between the lowest equimolar dose of MLA (4.9  $\mu$ g/side,  $6.76 \pm 0.39$  ETR) and DH $\beta$ E (2  $\mu$ g/side,  $4.88 \pm 0.52$  ETR) [ $F(1,17) = 9.93$ ,  $P < .01$ ]. This suggests that either DH $\beta$ E is a more potent antagonist than MLA or that the  $\alpha 4\beta 2$  receptor is more prominent than the  $\alpha 7$  receptor in memory function.

Interestingly, the same systemic chronic dose of nicotine that effectively reversed DH $\beta$ E-induced memory impairment was not effective in reversing MLA-induced memory impairment. This provides evidence that ventral hippocampal  $\alpha 7$  nicotinic receptors seem to be more critical for systemic nicotine effects on memory function than ventral hippocampal  $\alpha 4\beta 2$  receptors. The inability of nicotine to reverse the response to MLA may be related to  $\alpha 7$  receptor desensitization which is quite rapid. Also, systemically administered nicotine may be acting at other areas besides the ventral hippocampus to overcome the DH $\beta$ E effects in the hippocampus while this may not be possible with regard to  $\alpha 7$  actions. No matter what the mechanism for the effect, nicotine-based therapy may be less effective against memory dysfunction involving hippocampal  $\alpha 7$  receptors.

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